

Parent Guide for RecKids Summer 2008

2008 Administrative Staff:

Administrative Staff	Office Phone	E-Mail
Abby Thrine (Assistant Director for Facilities)	229-2721	thrineam@notes.udayton.edu
Nichole Haberlin (Assistant Director for Aquatics)	229-2711	haberlnm@notes.udayton.edu
Dave Ostrander (Associate Director)	229-2702	dave.ostrander@notes.udayton.edu

RecKids Camp Daily Schedule

Camp Day	8:15 am – 4:45 pm
Early Check in	7:30 am- 8:15 am
Check In	8:15 am- 9:00 am
Good Morning	9:00 am – 9:15 am
All Camp	9:15 am – 10:15 am
Snack/Change	10:15 am – 10:30 am
Pool	10:30 am- 11:15 am
Lunch	11:30 am – 12:15 pm
Programs 1	12:15 pm- 1:00 pm
Counselor Choice	1:00 pm- 1:45 pm
Snack	2:00 pm- 2:15 pm
Program 2	2:15 pm- 3:15 pm
Campers Choice	3:15 pm-4:00 pm
Check Out	4:00 pm- 4:45 pm
Late Check Out	4:45 pm- 5:30 pm

RecKids Camp Sessions for Summer 2008:

Session 1, June 9-13	Let's get Physical
Session 2, June 16-20	Lights, Camera, Action
Session 3, June 23-27	Water Works
Session 4, June 30-July 3 (no camp on Friday, July 4)	Did You Ever Know That You're My Hero?
Session 5, July 7-11	Cardboard Boat Regatta
Session 6, July 14-18	Adventure Island
Session 7, July 21-25	Scientific Extravaganza

Parents and guardians of all of our campers are a VERY important aspect of what we do during camp on a daily basis. It is our hope that this guide, along with the weekly personal conversations with all staff members will keep you informed and current with events in camp. As with any program we provide, your comments are always welcome!!!

Table of Contents

Camp Location(s)	2
Arrangements (Late Arrivals/Early Departures)	2-3
Rainy Days	3
Discipline and Rewards	3-4
Identification	4
Aquatic Activities	4-5
Lunch	5
Backpacks and Camper Attire	5-6
Illness	7
Deadline for Payments and Tax Information	7-8
Short Breaks	8
Check-In/Check-Out Procedures	9
Parking	9
Accident Prevention	9
Session Descriptions	10
Programming Offered	11-13

CAMP LOCATION(S)

Assistant Directors can be reached at the following numbers; Abby Thrine 229-2721, Nichole Haberlin 229-2711. If there is an emergency or you need to talk to an Assistant Director directly call the Welcome Desk at 229-2704. Employees at these locations can radio Assistant Directors to answer the phone. All camp business will be conducted through the Welcome Desk and the camp phone number is 229-2704. Campers needing special arrangements for a late arrival or early departure **MUST** be checked in and out at the Welcome Desk.

SPECIAL ARRANGEMENTS:

Special arrangements for your child can be made allowing he/she to arrive late to camp or to leave early for the day. Advance notice *MUST* be given for this to occur. This notice needs to be in writing and given to the check-in/check-out staff. Please keep in mind that due to transportation logistics, your child may be paired with an older or younger age group for a short time to accommodate this request. Emergency notification to leave early can be made

through the RecPlex Welcome Desk 229-2704. We ask parents/guardians to only call for such requests in **emergency** situations.

Children with disabilities: If you are considering having a child with a specific physical or mental disability attend RecKids Camp, please consult the Administrative Staff to meet and discuss available options.

RAINY DAYS:

On days of bad weather, all activities will be moved indoors. The RecKids counselors are given instructions for each activity area on where to take campers should a sudden storm occur. If it is raining during check-in/check-out periods, the tables will be moved inside the Evanston side/ West entry RecPlex doors.

DISCIPLINE:

The staff of the RecKids is aware that there will be times when kids may have a *rough day*. Please be aware that we will quickly resolve all conflicts to keep your child involved in camp activities. On occasion, a break may be needed for campers to regroup. Parents will be notified of any serious or persistent problems we may have with your child. It is the policy of our staff to communicate with parents as much as we can. **We will try and praise when praise is due!** Discipline will be handled on an individual basis only. If it is necessary for an entire group to be addressed, a member of the RecKids Administrative Staff will handle the discussion.

RecKids discipline policy for 2008:

- 1st Offense: Camper will receive a verbal warning from the counselor explaining the inappropriate behavior
 - 2nd Offense: Marbles earned from good behavior will be taken away when a child/group continues to misbehave after a verbal warning has been given. Confiscated marbles may be taken from that day or previous days that the group has accumulated throughout the week.
 - 3rd Offense: Campers will be removed from the activity and escorted to the administrative members office to discuss behavior choices with members of the administrative staff. At this time, phone calls to parents and behavior contracts with consequences will be drawn up and implemented for the camper. Campers may also find themselves having to help administrative staff members for a period of time rather than participating in the activities with their group.
- More than 3: If a child has more than three offenses in one day, parents will be called and asked to remove their child from camp immediately for the day.

Each day, campers will start off with a clean slate. However, any steps in the discipline policy can be skipped and a camper may be sent directly to the office if the incident is severe. Parents may be called when the child is sent to the office. Parents will be notified at the end of the camp day of any situations that may have occurred throughout the day with their camper. **Campus Recreation has the right to terminate the registration (without refund) for any child not abiding or conforming to stated RecKids policies.**

RecKids Camp Marble Madness:

At RecKids we use a *reward system* for campers demonstrating appropriate and good behavior. This system is based on color-coded marbles given each week. Through the course of each session groups will be rewarded (by counselors and admin staff) with those marbles for good behavior. Every Friday, the Administrative Staff will provide a special treat for those groups who have earned enough marbles. Depending on the number of marbles earned for the week, campers will have a choice of various treats to choose from, including small toys, food treats, more swim time, time on the climbing wall, and even a pizza party for those groups that earn the most marbles! Keep in mind that campers can lose the marbles for poor behavior choices throughout the day or week.

IDENTIFICATION:

ALL parents, guardians, or friends (approved to pick up children at the end of the camp day) **MUST** show a picture ID in order to pick up the child. This policy is for all parents, guardians, and friends who are picking up children from camp. Please understand this is for the safety of your child, and **no** exceptions will be made from this policy. Parents need to be aware that **we will not release a child to a parent without an ID**, no matter how well we know parents or guardians. This protection is arranged for the safety of campers, counselors, and parents/guardians alike. RecKids staff has the right to refuse dismissal of campers to any person not listed or coherent at pick-up. Parents are asked not to try and take advantage of this safety-related procedure. There are **no exceptions** to this policy.

* Our counselors can always be identified easily. This summer, counselors will be wearing blue shirts, specifically designed to make them visible to the Admin Staff, counselors, and parents/guardians. All counselors will also wear a nametag.

AQUATIC ACTIVITIES:

We have a great way to beat the Ohio summer heat...SWIMMING!!! Each day campers will have an opportunity to swim in the RecPlex Aquatic Center during the mornings. We will go to swim at approximately 10:30 AM each day, and stay in the pool until about 11:15 AM..

With this in mind, please **pack a swimsuit, towel, and plastic bag (to hold a wet suit and towel)** for your child each day during camp. Certified lifeguards will be on duty at all times in addition to our counselors, some of who are also trained lifeguards and have experience instructing children in the water, to ensure camper safety. Additionally, some aquatic

activities may take place outside of the pool area. No extra swimsuits are available, and we will have counselors out of the water to care for children that cannot swim that day.

*ALL campers will be tested on their first day of camp to determine swimming abilities. If your child does not pass the swim test, they will be required to wear a lifejacket (provided by the RecPlex) until they can pass the swim test. No swimming lessons will be taught during RecKids Camp. Swim Lessons will be available through Campus Recreation after camp in June and July.

Accidents in the Pool-Educate Your Camper!!!

Accidents in the pool can happen. These include fecal deposits, vomit, etc... Please discuss with your child the importance of getting to the restroom, and not going in the pool. If such an accident does occur, we will evacuate the pool and will be out of the pool until chemical tests indicate it is safe to reenter. Thus, campers may be out of the water for days at a time. This cleaning is inconvenient to other camps, and is also VERY expensive for the camp to provide. Help keep overall camp costs as low as possible by educating your camper(s) regarding this issue. Thanks for the help!

LUNCHES:

Lunch is an extremely important aspect of camp, and nutrition is needed for all growing campers. Lunch will begin at 11:30 AM each day, and last through 12:15 PM. Lunch is a time for campers to relax and re-energize their bodies for afternoon activities. Remember, each camper must bring his/her own lunch everyday. **There is no available lunch program at camp.** Parents should also remember to put the **NAME** of the camper and their **GRADE** on their lunch bag everyday. Water will be provided at lunch time for all campers.

** We ask that parents pack lunches in a brown basic lunchbag or small soft-sided coolers. We have a refrigeration system. This system is not large enough to store large coolers. Again, we also ask that you **label** the lunches with a marker and indicate the following:

NAME (**full name – first and last name**)

GRADE (**for fall – 2008**)

This enables us to store lunches according to grades and distribute them efficiently at lunch time. Please contact the Admin Staff regarding special needs (if any) for campers.

*A microwave is not available to heat camper lunches.

SINCH SACK

All RecKids campers will receive a sinchsack on their first day of camp as a benefit from your registration costs. Those campers attending camp are **REQUIRED** to bring their sinchsack everyday. Sinchsacks may be used to store items needed throughout the camp day. Thus, swimming items or other things may be kept in this pack.

The sinchsack is also used for security reasons. Campers will be easily identified on campus by administrative staff, security, and counselors.

RecKids campers **MUST** use our sinchsacks while at camp, and will not be permitted to use their own backpack. Parents/guardians are asked to remind campers about their sinchsacks as they leave home. It is always a good reminder to pack your sinchsacks the night before so that you will not forget anything.

A reminder to all parents...there is **NO** storage of items at RecKids Camp. Thus, each camper will need to store all of their personal items in their sinchsacks for each day. However, we do have a lost and found box that is kept in the Administrative members office. If your child is missing something, feel free to stop by the office and have a peek!

CAMPER ATTIRE

Campers should come dressed for a full-day of fun and games. We recommend play clothes and a pair of tennis shoes or gym shoes. **NO SANDALS** will be permitted to be worn by campers. We should never be able to see a camper's toes during any day of RecKids Camp. Since camp programming is so diverse and we have a large variety of games and activities for campers to use, we request that your child leave all toys or games at home. For younger campers, parents may want to pack a change of clothes, as accidents will occur. We also ask that your child's name is written in any hat they may wear to camp.

*No personal electronic equipment is permitted at camp (ie: iPods and cell phones). These items will be confiscated when found and given to parents at the end of the camp day. Other items we will not permit include:

- Offensive Clothing or Materials
- Makeup, nail polish, perfume, etc.
- Cell phones
- Personal entertainment devices (Gameboys, iPods, radios, etc)

Sample Checklist for a typical CKC day...

- ❖ Swimsuit
- ❖ Towel
- ❖ Lunch (in a brown bag)
- ❖ Possible extra shirt/shorts
- ❖ two light snacks
- ❖ A water bottle (Campers must supply their own water bottle. Hint: Get a good one that will not leak!)
- ❖ A brush or comb (children should not share with others)
- ❖ A hat
- ❖ Sunscreen (RecKids will also have an ample supply of SPF 40 sunscreen)
- ❖ Bug spray

ILLNESS:

On occasion, your child may suffer from an infection, cold, or flu. If your child is ill and will not be attending camp for that day, please notify the RecKids staff prior to 9:30 a.m. If your child becomes ill while at camp, we will notify you as soon as possible. Many times an illness can be overcome with rest, fluids, or food. Since we do not have a registered nurse on staff, we will allow you to make the decision on behalf of your child. We ask for your discretion on sending your child to camp if he/she is ill or tired.

PLEASE NOTE: The camp administrative staff CAN administer perscription medications, but we need a written statement from a physician and a copy of the actual physicians prescription (bottle label accepted) approving us to administer any medication. WRITTEN directions MUST be given, and telephone directions will not and cannot be accepted. If possible, we ask all parents to administer medications before/after camp. All medications MUST be kept in the Camp Headquarters (including over-the-counter medications). The RecKids Staff is NOT responsible for lost or misplaced medications.

DEADLINE FOR BALANCE PAYMENTS:

Prior to June 9, 2008 payments can be made in RecPlex M24, between 9 AM-5 PM. Once camp begins (June 9), payments can be made at the Welcome Desk. As a convenience to parents, RecKids will accept VISA, MASTERCARD, and DISCOVER cards (no American Express accepted), cash, money orders, or personal checks (**made out to University of Dayton**) as payment for all camp services. Remember, balance payments are due one-week prior to the start of a camp session. Thus, the balance payment schedule is:

<u>Session</u>	<u>Balance Payment Due</u>
Session 1	by Monday, June 2 (RecPlex Main Office, 9:00am-4:30pm)
Session 2	by Monday, June 9 (Welcome Desk 8:15am-4:30pm)
Session 3	by Monday, June 16
Session 4	by Monday, June 23
Session 5	by Monday, June 30 (No camp on Friday, July 4)
Session 6	by Monday, July 7
Session 7	by Monday, July 14

Remember, **all balance payments MUST be made in person.** Balance payments cannot be accepted by mail OR over the phone. Receipts can be given for all payments and camp purchases. Remember, RecKids **CANNOT** refund deposits for cancelled sessions. Parents/guardians need to be aware that they will lose deposits or other paid sessions if they do not participate in that session.

* Sessions are capped at 30 children weekly.

* Parents and Guardians that attend either Parent Orientation Meeting will receive a \$5 discount which will be applied to your first registered session. The Parent Orientation meeting will be held Tuesday, June 3 at 8:00pm at RecPlex Meeting Room B .

***Late Fee**

RecKids needs the cooperation of all parents/guardians regarding prompt payment. If payment is not received the Wednesday after the stated Monday deadline a \$25 late fee will be charged. If payment has not been paid by the Monday in which your child intends to attend camp, your child may NOT be permitted to attend camp until a full payment has been made.

We cannot accept *full-day campers* before 8:15AM each day who are not registered for the Early Extended program. If you are NOT registered for the *extended* portion of RecKids, then we ask that you drop your child off after 8:15AM daily. If your child is dropped off before 8:15AM, you will be charged the *extended* child rate of \$10 for that week. This fee cannot be pro-rated. Additionally, campers left at camp after 4:45PM on any day will be assessed the \$15 late extended fee.

* To receive the Affiliated rate, you must be a valid RecPlex member or current student, faculty, or staff at the University of Dayton. You MUST present your valid RecPlex membership card or UD Identification Card to receive the affiliated rate.

***No refunds will be given for paid sessions that are not excused by a physician. Please note this as parents and families decide on vacations. If the decision is made not to attend a RecKids Session after a deposit has been made, we will not permit this deposit to be applied to another session. Please notify us if you will not be attending a session.**

TAX INFORMATION:

The University of Dayton Federal Tax ID # is 31-0536715. RecKids will not mail statements out to Parents/Guardians regarding costs of care provided during the summer, but individual requests after January 1, 2009 will be granted. Parents/Guardians can call Dave Ostrander at 229-2702 to request this information.

BREAKS:

Twice during each camp day (mid-morning, mid-afternoon) campers and counselors will have a designated break time. At this time, campers may relax and eat any small snacks provided by parents/guardians. These snacks should be supplements and not a substitute for a healthy breakfast and lunch. Please help us and make sure that your child eats a good breakfast, packs a substantial lunch, and has healthy snacks to meet his/her growing needs.

CHECK-IN/CHECK-OUT:

Campers will be checked-in and out at West Entrance of the RecPlex across from Parking Lot C on Evanston Ave. One table will be set up during check-in and check-out. On one side of the table, A-L may check-in/out, while on the other side, M-Z may check-in/out. *Any late arrivals must check-in at the Welcome Desk.*

Full-Day Check-out: Will be located at the *West Entrance of the RecPlex across from Parking Lot C on Evanston Ave.* ***Remember, a PICTURE ID is required to check-out all campers. There are no exceptions to this rule. Anyone who checks out a camper must be on the check-out list AND have a PICTURE ID.***

Late Extended Check-Out (4:45 PM-5:30 PM): All campers utilizing the late extended program will be checked-out at the Welcome desk.

PARKING INFORMATION

***Parents may not park in any lot without a parking pass. Campus Recreation will not pay for any parking tickets acquired. Parents are welcome to drop children off at the front door of the RecPlex off Evanston Street. If you know you will need to park and walk your children in every morning, see Administrative Staff for a parking pass only valid for parking lot C during check in and check out (these will be handed out at the Parent Meeting, if needed). If you need to pick up your child early or drop off late, parents must stop at the booth in C Lot for a temporary pass. If parents decide to drop off children from the S2 lot (east entry to RecPlex), children must still sign in at the check-in table. Temporary parking passes will not be available for the S2 lot. If you have any questions on parking please call to avoid tickets.**

ACCIDENT PREVENTION:

In the case of an emergency or accident involving your child, you will be notified immediately by a camp administrator. All members of the RecKids staff are certified in CPR (Adult, Child and Infant), AED (Automatic External Defibrillator) and FIRST AID. If you as a parent have an emergency and need to reach a child, please call 229-2704. (Age groups are in radio-contact with all camp personnel). On the registration form, we asked for any medical conditions that camp personnel need to be knowledgeable of. Please notify us if there are any changes or additions to this information. *MOST accidents can be avoided by using common sense and a bit of knowledge. ☺

SESSION DESCRIPTIONS:

Week One: Let's Get Physical

It's the first week of camp and time to find out what camp is all about! We'll also learn about health and nutrition from some special visitors. We'll even work on our wellness and practice yoga and Pilates!

Week Two: Lights, Camera, Action!

Get ready for Hollywood because we're off to film an exciting movie all about camp! Every camper gets a starring role in this soon-to-be Emmy nominated film! You'll even write, film, and produce the movie!

Week Three: Water Works

Let's cool off from the summer heat with a little water action! Be prepared to get wet on the slip-n-slide and soak your counselors during water games.

Week Four: Did You Ever Know That You're My Hero?

Everyone has a special hero they love, whether it's Superman or your own mom and dad. We'll enjoy visits from some of our real-life heroes around town. We'll even make our very own superhero costumes!

Week Five: Cardboard Boat Regatta

Celebrate our second water week with a boat race! Campers will learn about water displacement and boat construction while they build their very own cardboard boats! We'll even race around the pool and see who wins!

Week Six: Adventure Island

Get set to take off on an exciting adventure as we explore campus. We'll go rock climbing, and embark on a wild scavenger hunt – all while staying on campus!

Week Seven: Scientific Extravaganza

It's our final week to have some fun before the summer ends! Campers will learn how to make bubbles, construct toothpick towers, and even learn about wild animals found in the Miami Valley.

*All session themes or events are subject to change due to weather or other unforeseen circumstances. Any additions or subtractions to a session will be directly communicated via newsletter or E-mail updates.

PROGRAMMING OFFERED:

We have tried to fill each camper's day with exciting and fun activities designed to appeal to children full-day sessions. Part of the goal of RecKids is to help children become well rounded individuals while they participate in recreational activities in a camp setting. To ensure that every camper is exposed to the new opportunities provided in a recreational setting, campers will rotate through program areas throughout the week participating in each area at least once. Additionally, campers will partake in camper's choice and counselor choice activities daily.

Activities Description

All Camp:

Both campers and counselors will decide how to spend the opening hour of camp each morning. This may include all-camp activities or activities by groups. Counselors may lead with ideas about activities but will also ask for input from campers.

Camper's Choice:

As with any regimented schedule, choices and free time are always important. Camper's Choice is the time of day that allows campers the freedom to plan how they will spend the next hour of the day. There are boundaries and limits, as we do not want to jeopardize the safety of the campers, but the decisions rest with the individual.

Counselors will be located at various stations at that day's designated location. Campers will be heavily supervised as they choose activities to participate in. Equipment will be brought out and counselors will be keeping a watchful eye on campers for the duration of the hour.

Campers may not leave the location without being escorted by a counselor. Campers may not be disrespectful to counselors at the various stations and must still abide by the previously outlined RKC Daily rules. Counselors will step in and handle situations appropriately when campers abuse their privilege of spread.

Counselor Choice:

Counselor's start off the day with planned activities from their individual portfolios. Groups may engage in one, two or three games during this time and, as any counselor will tell you, campers' input is impertive to the success of the games chosen by counselors.

Program Area Descriptions

Arts and Crafts: Activites are designed by the Arts and Crafts Coordinator to allow children the freedom to express their feelings in artistic and creative ways. All projects correspond to the weekly and daily themes, therefore campers will experience a variety of different activities.

Scientific Extravaganza: This program is designed to introduce campers to the wonders of science. Campers will participate in a variety of science projects and experiments, ranging from chemistry to physics.

Outdoor Adventure: The outdoor adventure program is designed to familiarize campers with their world through nature. Campers learn how to respect nature as well as participate in a variety of outdoor activities from orienteering to rock climbing (wall climbing)!

Sports and Games: The sports and games program was constructed in order to give campers a more well-rounded experience at camp. New and different games and sports will be introduced to campers each week along with the regular favorites. Campers can expect to play innovative games planned by the Sports and Games Coordinator as well as gain experience in mysterious sports such as curling or pickle-ball!

Games Craze: Games craze is a program area designed to appeal to different cognitive and physical abilities other than sports and games and team building. Games craze is not as competitive or physically demanding as sports and games, yet, it does not require teamwork and cooperation like team building. Campers participating in games craze can expect to use cognitive abilities, such as problem solving, combined with physical skills such as walking, jogging, and balance. Games craze may include playing euchre, spoons, mother may I, battleship, space cadets, hidden quarters, guess who, simon says, and many other varieties of self administered games.

Team Building: Campers will have an opportunity to work on their communication and cooperation skills during this time. The games range from simple to complex, and all are challenging and fun!

Crazy Combo: Counselors and Campers will work together to come up with activities for this program area.

Wellness Wonders: Campers will focus on activities that enhance overall wellness. This may include learning yoga and pilates, relaxation techniques, discussions about health and nutrition, and the value of physical activity.

Free Picks: Campers will have a chance for “Free Picks” on Friday. Campers may choose any program area to participate in during program times on Friday. Campers can choose one activity to engage in during both program periods, or they may select one activity each period. No reservations can be made for any camper regarding their selection of a free-pick.

Program Area Daily Rotations:

Campers will rotate through two program areas per day from Monday through Thursday. Every Friday is free pick Friday. Campers have their choice of program areas to attend for that morning!

Program Rotation 1 12:15 pm to 1:30 pm

	Monday	Tuesday	Wednesday	Thursday	Friday
4-8	Arts and Crafts	Sports and Games	Crazy Combo	Team Building	Free Pick
1-3	Game Craze	Scientific Extravaganza	Outdoor Adventure	Wellness Wonders	Free Pick

Program Rotation 2 2:15 pm to 3:15 pm

	Monday	Tuesday	Wednesday	Thursday	Friday
4-8	Game Craze	Scientific Extravaganza	Outdoor Adventure	Wellness Wonders	Free Pick
1-3	Arts and Crafts	Sports and Games	Crazy Combo	Team Building	Free Pick

Daily Rotation may change with the number of campers registered for camp.