



Criteria to be an A Group Fitness instructor

Certifications:

- CPR

Date:

- AED

Date:

- FA

Date:

Interview with Fitness Director and Program Assistants:

Date:

Shadow (Must complete 10 hours & turn in sheet):

1. Date:

Class Shadowed:

2. Date:

Class Shadowed:

3. Date:

Class Shadowed:

4. Date:

Class Shadowed:

5. Date:

Class Shadowed:

6. Date:

Class Shadowed:

7. Date:

Class Shadowed

8. Date:

Class Shadowed:

9. Date:

Class Shadowed:

10. Date:

Class Shadowed:

Audition (With Fitness Director and Current Instructors:

Date: